

**Pasco County Parks and Recreation Department's
Classes Available in East Pasco at the James Irvin Civic Center
38122 MLK Blvd Dade City - More Info Please Call (352)521-4166**



**EAST PASCO
ALL-STAR CHEERLEADING
AND DANCE**

Tuesday evenings:

This course is designed to teach the fundamentals of cheerleading. Throughout these classes your child will develop/strengthen motions, jumps, stunts, dance and other skills necessary for this sport. Students will showcase their talent at various events in Eastern Pasco.

\$20 per month

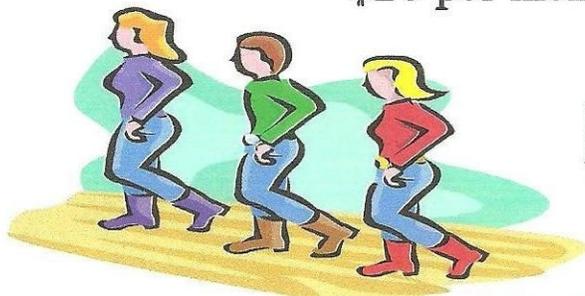


Monday and Wednesday Evenings

Trim No Shin is a unique style of karate and weaponry that blends Okinawan karate and tradition with American practicality. The techniques are practical self-defenses that work for everyone - regardless of age, size, shape or gender.

\$20 per month

KARATE



**Bloomer's Line Dancing - Free Class
Wednesday mornings at 9:00a.m.**

ZUMBA

Tuesday and Thursday evenings:

Zumba is a Latin inspired dance fitness program that involves dance and aerobic elements that is sweeping the nation. The choreography will include music with fast and slow rhythms and resistance training designed for fitness and losing weight.

**** Classes are designed to accommodate all abilities ****

\$20 per month



**Adult Leagues Include:
Flag Football (Now Registering)
Kickball, Dodge Ball, Slow Pitch Softball, Corn Toss**